Sunday January 21
Oatmeal/Cream of Wheat
Fried Egg
Bacon
Hash Browns
Toast
Pork Stir-Fry
Jasmine Rice
Asian Vegetables/Buttered Corn
Asian Cabbage Salad
Chocolate Pudding
ALT/Chicken Parmesan
Grilled Cheese
Melon Wedge
Chocolate Chip Cookies
Tomato Soup
Chicken Noodle Soup

Monday January 22
Oatmeal/Malt-O-Meal
Denver Scramble
Donut
Chicken Tenders & Fries
Melon wedge
Lemon Cooler Cookies
Minestrone Soup
Cream of Tomato Soup
Beef Stroganoff
Over Egg Noodles
Italian Vegetables/Spinach
Broccoli Salad
Chocolate Chip Mint Ice-Cream
ALT/Vegetable Lasagna

Tuesday January 23
Oatmeal/Cream of Wheat
Buttermilk Pancakes
Sliced Ham
Roast Beef & Cheddar Sandwich
Lettuce & Tomato
Potato Chips
Vanilla Pudding
Turkey Vegetable Soup
Cream of Potato Bacon Soup
Chicken Parmesan
Pasta Marinara
Chef’s Roasted Veg./Lima Beans
Carrot Raisin Salad
White Coconut Cake
ALT/Salisbury Steak

Wednesday January 24
Oatmeal/Cream of Rice
Scrambled Eggs w/Bacon
Fresh Baked Muffin
Crispy Chicken Sandwich
Lettuce, Tomato and Pickle
Tater Tots
Cinnamon Roll
French Onion Soup
Chicken Dumpling Soup
Seared Salmon
Rice Pilaf
Harvest Beets/Brussel Sprouts
Fall Harvest Salad
Double Chocolate Brownie
ALT/Pork Pot Roast

Thursday January 25
Oatmeal/Grits
Scramble Eggs
Biscuits w/Gravy
Broiled Cheeseburger
Flavor Taters
Lettuce, Tomato and Pickle
Oatmeal Raisin Cookie
Vegetable Soup
Cream of Mushroom
Pesto Chicken
Smashed Red Potatoes
Buttered Corn/Roasted Cauliflower
Applesauce Jell-O Mold
Carrot Cake
ALT/Veggie Lasagna

Friday January 26
Oatmeal/Malt-O-Meal
French Toast
w/Hot Apple Topping
Bacon
Chef Salad
Turkey, Ham, Tomatoes, Hard
Boiled Egg, Cheese
And Garlic Toast
Chocolate Toffee Cookies
Clam Chowder
Egg Drop soup
Lemon Pepper Cod w/Tarter
Fettuccini Alfredo
Broccoli Floret’s
ALT/Buttered Carrots
ALT/Honey Glazed Ham
Pecan Pie

Saturday January 27
Oatmeal/Cream of Rice
Spanish Scramble
Chub Sausage links
Danish
Turkey Club Sandwich
Chips
Cantaloupe wedge
Triple Chocolate Brownie
Vegetable Beef Soup
Split Pea and Ham
Chicken Fried Steak
Mashed Potatoes & Gravy
Green beans/Creamed Corn
Deviled Egg
German Chocolate Cake
ALT/Herbed Tilapia